

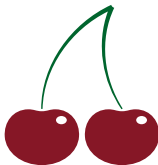
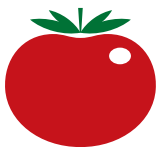
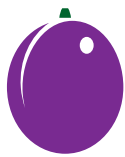
VEGETABLE AND FRUIT ACTIVITIES

ACTIVITY #3

Fruit and Vegetable Placemats

MATERIALS

- Pictures of vegetables and fruits
- Glue Sticks
- Crayons
- Construction Paper
- Clear Contact Paper or Laminator



1. Have children draw or cut out pictures of vegetables and fruits.
2. Give each child a piece of construction paper; this is their placemat.
3. Let them glue the pictures of their favorite vegetables and fruits on their placemat.
4. Cover each placemat (front and back) with clear contact paper or laminate.
5. For cleaning, wipe with a damp cloth; do not submerge in water.

Time: 20 min.